

Te Tari
 Maaori
 Feature
 inside!

Upcoming events

Take Waaheke

Monday 18 October -
 Term 4 starts

Wednesday 20 October to
 Friday 22 October -
 Mock Exams

Friday 22 October - In Zone
 Enrolment Applications due

Monday 25 October - Labour
 Day (Public Holiday)

Friday 29 October - Out of
 Zone Enrolment
 Applications due

Friday 5 November - Out of
 Zone Ballot

Monday 22 November to
 Tuesday 14 December -
 NZQA Exams

Friday 10 December - Term
 4 ends (to be determined
 depending on COVID-19
 Alert Levels)

**SEE BACK PAGE FOR A
 FULL CALENDAR OF
 SCHEDULED EVENTS**



***This is an unprecedented time.
 It's time for unprecedented kindness.***

- Anon

Koorero a te Tumuaki The Principal speaks:

Ngā mihi kia koutou katoa!

I hope this finds you all well - especially after the tiring seven weeks of lockdown at COVID-19 Alert Level 4 and 3.

These have been very hard times. The fun of lockdowns experienced last year has disappeared. The fun of being stuck at home with whānau and working online has worn off with many of us - as teachers, students and parents/caregivers start to get COVID-19 fatigue. In this e-Bulletin there are some very helpful hints about returning to school after lockdown, which will ease some of the tensions associated with lockdowns.

As a College I want to thank the parents for supporting their children in the studies they have been doing. Thank you for the encouragement, the learning and the opportunities you have given your children to engage in the online learning platform. It may have been a little strained with the internet being used constantly all day. Some students have struggled big time with this type of learning and I just want to say thank you for your perseverance. We have things in place for when the students come back to school. We will support them with their studies and their mental health. We can assure you that, especially for the senior students, all is not lost and that a complete focus on their studies will be key to ensuring their success, especially around NCEA during Term 4. The staff are ready for this support. We have services available to support students with mental health as well. Please get them to contact Paul Heta our Guidance counsellor.

CONTINUED INSIDE. . .



Tane Mahuta

**2020 House
 Champions!**

**In Māori mythology, Tāne
 (also called Tāne-mahuta) is
 the god of forests and birds.
 Tane Mahuta stands tall and
 strong!**

The Principal speaks continued. . .

I korero tonu te Tumuaki. . .

The school holidays are upon us so please ensure as a whānau that you enjoy the break away from your studies. We will know early next week whether we return to Level 2 or not. I believe we will and that means a relaxing time out and about, getting ready for Term 4 which starts on Monday 18 October, 2021.

Even though school has been physically closed to the majority of staff and students, the staff have been awesome in ensuring classes have still been running, that work has been made available to the students via Google classroom and that they have been providing a mixture of ways they have been presenting their lessons. Thank you to the staff for their tireless and innovative work with the students over this time. Like the students, we are very keen to get back to face-to-face (kanohi ki te kanohi) learning.

To the school community; we need to be thankful we live in New Zealand with the measures that have been taken. We have not had the impact the virus has had around the world. We tend to lose focus on this because we are concerned about ourselves. This is the right thing to do, but we need perspective. It is a world pandemic and the deaths and infection rates have been rife in other countries. It has been hard on all of us but we need to ponder about the future within a COVID-19 world. The key message is get vaccinated. If we want to return to some normality, which I do not think we will ever do, we need as many people vaccinated as possible. Some people are anti-vaccination and it is their right to have this stance but it is also the rights of all the other people who are vaccinated to keep their children (who are not vaccinated) safe from this virus. It is a standoff which will reverberate through the country as the government tries to reach over 90 per cent vaccination. To the school community; please read the right information on the correct websites when making this decision. There is a lot of misinformation which is not helpful for people to make the right decision.

Just to remind everyone - the school calendar has changed. There may be further changes as well. Sports Awards are now on Wednesday 3 November. Any award ceremonies will be restricted if we are still at COVID-19 Alert Level 2 at the time. We will keep you informed of how these events will run under the Alert Levels as they rise. Alert Level 1 makes it easier but Alert Level 2 restricts the numbers of outside people allowed into the College at any one time. More information will be provided closer to the time. NCEA exams do not begin until Monday 22 November and finish on Tuesday 14 December. Senior Prizegiving will be held on Wednesday 10 November and Graduation Dinner on Thursday 18 November.

Please be aware that during Term 3 many events were cancelled and require refunds. Please be patient as the Accounts area work through all this work. At the moment, under Level 3, there is a skeleton staff on and no refunds will be started until the beginning of Term 4.

Enjoy the holidays and it will be great to catch up in the new term.
Kia kaha, kia manawanui, kia hauora. Be strong, be patient, be healthy.

Mr Chris Betty

VISION:
Tuakau College prepares students for life through a quality education promoting excellence in all things.



STRATEGIC GOALS:
TUAKAU COLLEGE WILL:

- Maximize opportunities for student achievement.
- Lead development in local education in a continuously changing world.
- Be the heart of the community where everyone wants to be.

EXCELLENCE
Tino pai rawa

Pai rawa atu i nga mea katoa.
The very best in all things.



PERSEVERANCE
U tonutanga

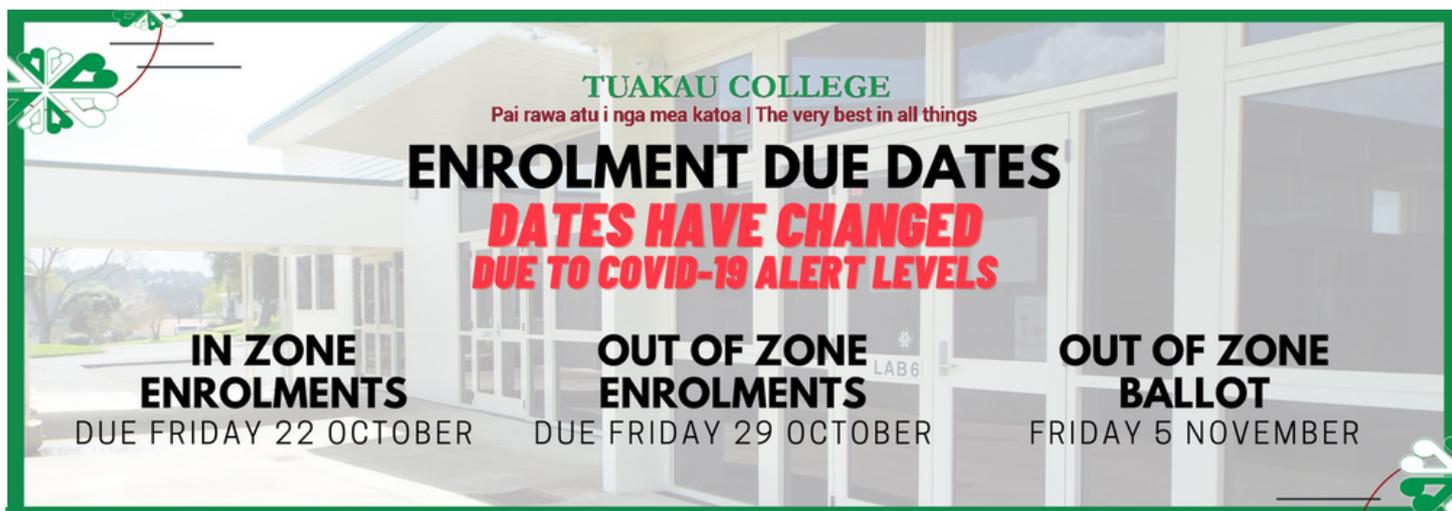
Kaua e mate wheke mate ururoa.
Don't give up like an octopus but fight like a hammerhead shark.

INTEGRITY
Ngakau Tapatahi

Kaua e takahia te mana o te tangata.
Do not trample on the mana of the people.

CARING • LOVE • RESPECT
Manaaki • Aroha • Whakaute

He aha te mea pai.
Maku e ki aha.
He tangata he tangata.
Aa tangata.
He aha te mea pai?
He tangata.
He tangata.
He tangata.



TUAKAU COLLEGE
Pai rawa atu i nga mea katoa | The very best in all things

ENROLMENT DUE DATES
DATES HAVE CHANGED
DUE TO COVID-19 ALERT LEVELS

IN ZONE ENROLMENTS DUE FRIDAY 22 OCTOBER	OUT OF ZONE ENROLMENTS DUE FRIDAY 29 OCTOBER	OUT OF ZONE BALLOT FRIDAY 5 NOVEMBER
--	--	--

RETURNING TO SCHOOL AFTER LOCKDOWN - WE KNOW ITS HARD!

Te hokinga ki te kura whai muri i te raka- mohio ana tatou he uaua!

Information taken from Dr Jess Richardson (Principal Clinical Psychologist)

We know that for many of our students, going back to school after lockdown is scary, stressful and worrying. We know there are many reasons why returning to school may feel difficult right now and that you may experience a range of emotions including anxiety, worry, sadness, irritability and fear.

You might feel overwhelmed by all that is happening in the world or tentative/unsure about what to expect. You might feel more settled at home than in the school environment now. Being at home may have relieved some of the pressures of the school environment that you find difficult; e.g. difficulties with learning, relationships with peers. You might be fearful of catching COVID-19 or feel worried about your friends and families.

Yes, it's going to be tough for us. For students, parents and teachers. Together we will get through this.

Remember, every student in New Zealand (especially Auckland) is in the same boat as you. You're not alone in this.

- **Uncertainty** - this is a very uncertain time and although it would be great if we could make COVID-19 disappear- we can't (not yet anyway). Students, parents and teachers, must learn to tolerate some uncertainty! This skill can help us to manage anxiety.
- **Normalising** - it is normal to feel very anxious about changes. Change makes most people feel a bit strange and worried. Some people find this harder than others though.
- **Different experiences** - it's important to remember that everyone has had hugely different experiences during lockdown. Some students who experience anxiety normally, may have found a break from going to school, a break from triggers for their anxiety. For them going back to school is going to be very anxiety provoking. There are other children who have had a great time with families and don't want to return to school. And then of course there are many children who have been in family situations with lots of arguing, and possibly violence and neglect who will find getting back to school a refuge. Do not assume that you know how everyone feels!
- **We don't have all the answers** - it's ok for teachers and parents to not have all the answers and we won't pretend that we know. We don't know. It's possible we may move back to school, then to lockdown, and back. This could go on for a while.
- **Listening to each other** - we will do our best to listen to students and help children to listen to each other too so they can process the huge changes. It is important to not ignore the changes that have occurred.
- **Taking care of self and others** - we want students to think about their own mental health including eating healthily, exercising, doing things they enjoy, spending time with others. In addition, practice being kind to self and others. Remember; it took us time to adapt to the lockdown, and it will take time to adapt back. Go easy on yourself.

Te Tari Maaori FEATURE



WHAANAU AND TUURANGAWAEWAE

This is some of Takaiho Haunui-Tamehana's presentation about her Whaanau and her Tuurangawaewae (Year 9)

Papaki tuu ana ngaa tai o te uru ko Tainui Awhiro e ngunguru ana i te ao i te poo i te ao i te poo. Tuu ana au ki runga o Rawhitiroa, kauria i nga wai mirimiri o ngooku tuupuna i Ohautira. Ka mooteatea tooku iwi i Tokikuku, moe iho ra koutou. Piki ake, kake ake ki runga i ahau, ko Te Huaki, ko Toa Kotara, ko Tamainupoo ngaa tuupuna. E paoro ana te reo poowhiri o Ngaa Toko Toru te papanekehanga o ngaa tuupuna.

Kopikopi haere ana ki te reo o ruuhi, ko Te Ohaaki a Te Puea e whaangai nei te iwi. Taku aahuru moowai, taku whenua kura, ko Waingaro te turangawaewae o tooku iwi. Honohonotia ra te Wai-i-ngaro ki nga wai karekare o te Waipa, ko Tuheitia ki runga ko Tuheitia ki raro!

Tau ana raa ki ngaa paemaunga o te Hakarimata, te huinga o ngaa wai, ko Turangawaewae moo te ao katoa. Rere tootika te Waikato ki te putake o maunga Taupiri, te moenga o ngaa kiingi o te poo, Te Arikini me te iwi nui tonu. Tatu iho raa ki roto o Ngati Mahuta, ka poowhiri mai te Tumu Koorero. Ko Waahi Paa te papakaainga, Ko Tane-i-te-pupuke ko Miria te kakara e manaaki nei i te iwi. Taatahi koowa e rere raa, he piko he taniwha te pepeha.

Ko Takaiho Johni Haunui Tamehana e tu atu nei.



Maaua ko taku Nan, a Hera Haunui.



Maaua ko Nanny Tau, kei te marae o Ngaa Tai e Rua

KAPA HAKA

E whakaharatau ana i ngaa waiata kapahaka. Students practising waiata in Te Atarua.





MATE PUKU PUKU

Naa Tuhoe Parker-Nahi (Year 11)

This is Tuhoe's speech about his battle with leukaemia.

Kaua e mate wheke, mate ururoa!

Ki te kore taku whaanau e akiaki, e whawhai mooku inaa pea e kore ahau i koonei tuu ake.

He aha tetahi paapono nui i roto i to koiora? Teena, areare mai o koutou taringa i te mea, i teetehi ra, i tahuri te katoa o tooku ao.. I te 16 o Hoongongoi i te tau 2018, ka panoni tooku ao. I taka te kapua poouri ki runga i ahau. I rangona au kua paangia ahau i te mate pukupuku.

I mua i teenei he nui ngaa raru e paa ana ki tooku oranga. Ka Nui te waa i maringi te toto mai i taku ihu, ka puta mai he maruu i te kore noa iho, me taku tino ngeengee rawa. Ahakoa i paataitai tooku whaanau kia uru ahau ki te whakamaatautau i taku toto, kaare ngaa taakuta i whakae. Ki too raatou, ko te rewharewha, ko aku kai kino, kai maaruru noa iho te take o taku maauuitanga, kaatahi i tukuna atu ki te kaainga whakataa ai.

Engari i te 14 o Hoongongoi i te huritau o tooku tuahine i haere maatou ki te puna kaukau. I ahau e kuhuna ana ngaa kaakahu kaukau, i kite au i eeteahi maruu e putaputa mai ana i te katoa o taku tinana! Ka mea mai taku whaea keekee, he taakuta ia, he tohu kino teeraa, me tukuna atu ahau ki te hohipera i taua waa tonu.

I whakamaatautau i ahau mo te toto. Roa rawa te waa e tatari ana maatou mo te hua o aua whakamaatautau. I hoki maatou ki te kaainga. I tino matakau ahau, i te whakaaro, kei te mate ahau. Engari, kaare te taakuta e tino moohio he aha taku maauuitanga, araa i hoki atu maatou ki te hohipera mo ngeetehi atu whakamaatautau.

I haere tootika maatou ko Mama Chival, ko Paapa, ko nana hoki ki te hohipera.

I too maatou taenga atu ki te hohipera me te tatari moo ngaa koorero o ngaa taakuta, he nui aku awangawanga. He aha taku mate?

E hia kee te roa e tatari ana maatou, engari ka tae mai te karere o ngaa taakuta.

Ko te mate pukupuku taku mate. Ka memeha taku aahua. Ka hurihuri haere aua kupu i roto i taku mahunga.

I rere tootika taku maamaa mai i Amerika ki te kainga, he nui oona awangawanga mooku. I manahau ahau, i te mea ka moohio au, ka tumanako hoki naa te kitenga o taku maamaa, ka kaha ake tooku wairua.

Ko te maimoatanga. I whakamaramahia e ngaa taakuta ehara tenei i te whakatika ngawari. Whai muri, ko nga huringa maha o ngaa maimoatanga chemo. Ko Nga wiri, nga mariaio, nga toto toto, me te whakaheke toto totika.

I te hohipera matou, tata ki nga ra katoa o te wiki. I paitinitia taku wairua e te rongoa chemo. He maha nga raru o roto. I te timatanga o te mate pukupuku, i whakapairuaki taku aahua, ka ngoikore tonu ahau.

He roa rawa taku noho ki te hohipera me te noho wehe i te kura. Ka paa mai te kino ki ahau me taku taha hinengaro i aua waa. Kua ngaro i ahau i nga mea iti, peeraa i te hikoi ki te kura, te haere ki te taone ki te tiro tiro noa iho, te hikoi haere ki o ooku hoa whare.

Ko nga mahi iti he miihana kee! Ka tino rerekee taku kai, i whakakorengia ooku kai papai o ia ra, penei i te paai miiti.

Ahakoa i hoki mai au ki te kaainga He rereke taku wheako ki nga hua o ia chemo. I pouri rawa taku wairua me taku hinengaro, i te mea, i noho au ki te kaainga i te katoa o te raa. Ka noho ahau me taku kotahi ki roto i taku mahunga, me te whakaaro ano mo te haere ki te hohipera tata i nga ra katoa. Ka mokemoke rawa ahau. he pakanga kei taku hinengaro, kaore e taea e au!

E toru tau ki muri inainei. kua hoki mai au ki te kura. Ka tino ora au i muri i te pakanga roa ki te mate pukupuku. Ko nga paanga kino katoa o te chemo e toe ana. ka taea e au te whakatautau i te koiora mo te ao kei te heke mai. Ahakoa kua ora te maha o nga whara a-tinana, ka hohonu ake te maru o te hinengaro i nga ngira katoa. Ko era tohu ka noho tonu ki ahau mo nga ra katoa o taku koiora. Engari na tenei mauuitanga i puta mai taku tirohanga hou ki te ao, ki taku whanau me taku kura. He rereke taku tirohanga mo te koiora. Aana, ka koa ahau ki te whai waahi tuarua mooku. Heoi anoo e kare maa, ehara ko te Wheke e tuu mai ana i teeneki raa, ko te Ururoa kee!

Na reira, teenaa koutou katoa.

MOMI HAUREHU - VAPING

Naa Awhinatia Ngataki (Year 12)

This is Awhinatia's speech about her concern with the increase of vaping at our kura.

Ka puu te ruha, Ka hao te rangatahi.

Ko te momi haurehu, araa ko te vaping, te ngongo mai i tetehi taputapu paakahiko. E tipu haere ana te momi haurehu, i te ao, aa, ki too taatou motu nei o Aotearoa. Ehara ki te ao o te pakeke i roto i a Aotearoa anake, engari e paa ana te ngaangara nei ki te haapori o too taatou kura, me te hauora o ngaa taurira i roto i te kura nei, o te kareti o Tuakau.

Inā noa nei, ko tetehi whaarangi me te hawhe i roto i te panui kura e paa ana ki te momi haurehu - ka whakamaramahia he aha te momi haurehu, nga kawekawe i te hauora o tetehi tangata, me ngaa hopeara meenaa ka mau te kaiako i a koe e momi haurehu ana i te kura. Ki ahau nei, me aku haerere i te kura kua rongu au i ngaa tangata kua mau i te waa e momi haurehu ana. Anoo nei, kua kite, kua rongu anoo hoki i te hā i ngaa taurira e mahi momi haurehu ana i te kura.

Ka mohio au ko etehi o ngaa taurira e momi haurehu ana i te mea he momo mahi hei whakatau i tona ahotēa me tona wairua. Engari ki oku nei whakaaro, ko te nuinga o ngaa taurira e mahi i te momi haurehu na te mea he kaitautāwhi raatou, he oorite ki te hiipi. Ahakoa kei te mataku i ngaa hopeara, kei te whai tonu raatou i te huarahi hee naa too raatou hiahia kia uru ki roto i te roopu rawe, araa ko te, 'in crowd.' Ko te mea nui ki ngaa taurira, ko te rata o te nuinga ki a raatou me te moohio rongonui whaanuitia e nga taurira me ona hoa hoki.

He maha tonu ngaa kawekawe kua rangahaua e au e paatahi ana i te hauora o te tangata. E ai ki ngaa koorero o te pae tukutuku, 'Vaping Facts NZ' he maha. Mo te taha tinana - ka hiki te pehanga toto, aa ka hiki te hoto manawa - kore pai mo te tinana. Mo te taha hinengaro - ka hiki etehi o ngaa take hinengaro, na te mea he ngawari ki te whirinaki teetehi tangata ki te momi haurehu me te kore mana whakahaere moonā. Mo te taha wairua - ka heke te hihikotanga ki te whai i ona moemoea na te mea he awangawanga ona piropiro, kore hoa ranei. Kaare teenei i te pai mo te wairua o te tangata me te taha whaanau hoki!! Aana kua nuku ki te taha whaanau - kaore i te pai te momi haurehu ki etehi o ngaa tangata me ngaa waahi maha - ko ngaa wharekai, ko ngaa waahi mahi, ko ngaa kura raanei. Ko enei etehi o ngaa kawekawe mai i te momi haurehu ki runga i te hauora o te tangata.

Ko taku tino hiahia kia whakaititi e nga taurira e mahi momi haurehu ana i to taatou kura nei, inaaraa ko ngaa teina o too taatou kura. He peepi tonu raatou, ehara teenei i te mahi tika mo raatou. Meenaa ka hui tahi ngaa kaiwhakahaere o te kura, ngaa taurira me ngaa whaanau ki te koorerorero i ngaa raruraru nei, me te whakarite i teetehi mahere mahi hei whakaoti i teenei - kia tutuki pai te kaupapa.

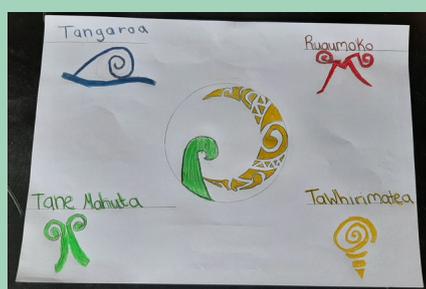
Maa te reo o ngaa taurira me ngaa maatua, ka taea pea.

Nō reira, ka tipu haere te momi haurehu i te hapori kura nei ki te kaareti o Tuakau. Kaore anoo kia maaramahia e ngaa taurira i ngaa kawekawe kino, moo tona hauora me tona oranga hei te waa e heke mai. Ko te raru nui mooku, ko ngaa teina e tutu ana i teenei ngaangaara! Engari, ki oku nei whakaaro, mai i tetehi mahere me te mahitahi o ngaa whaanau, ngaa taurira me ngaa kaiwhakahaere o te kura, ka taea e taatou te whakaitiiti i ngaa taurira e mahi momi haurehu. Naa reira, ka hiki te oranga o te tamaiti i eenei raa, ka hiki hoki te pakeke, araa ngaa rangatira moo aapoopoo.

Aana, ka taea e taatou te whakatutuki i te whakatauki nei, araa,

Ka puu te ruha, ka hao te rangatahi.

Nō reira, tēnā koutou, tēnā koutou, tēnā tātou katoa.



MAHINGA AKONGA

The poster on the left was drawn by Danielle Claridge, a Year 7 student in Whaea Catherine River-Smith's Te Reo Māori class.

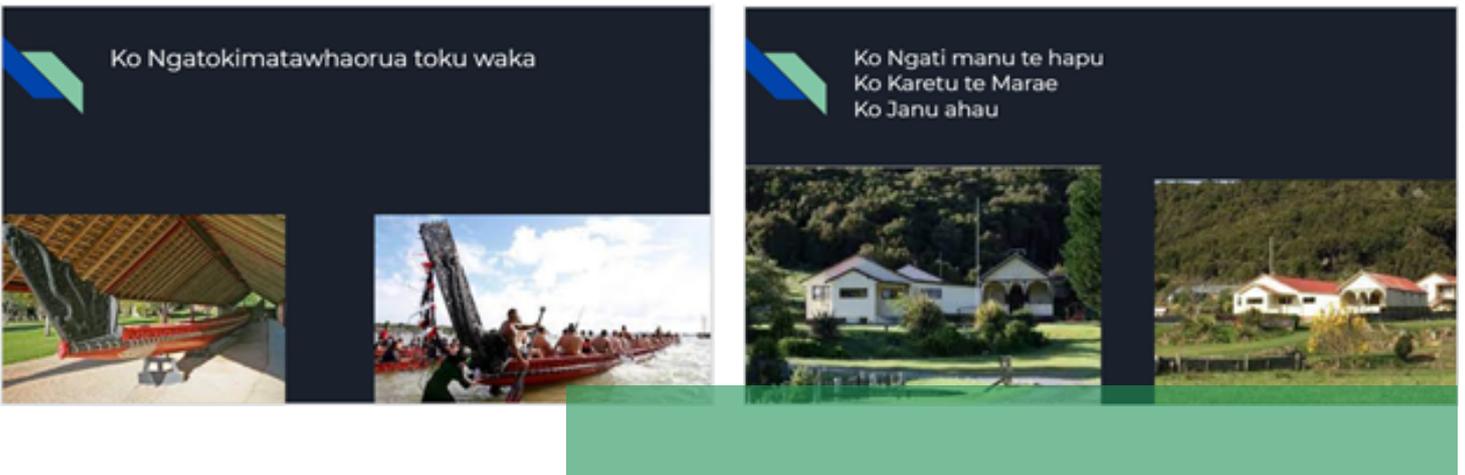
Danielle is missing school, so she drew a poster with our Whare logos and the marama (moon).

PEPEHA

Pepeha is a way of introducing oneself. Using a set structure it identifies who we are, where we're from and where we belong. Pepeha is used in a Māori context and has a formal basis, but the idea is universal.

Everyone has a pepeha which links them to their ancestors. It's like a story that connects you to your waka, your hapū and iwi. It identifies important places like your maunga, awa and marae. A person and their whānau may have several pepeha that link them to their different whānau.

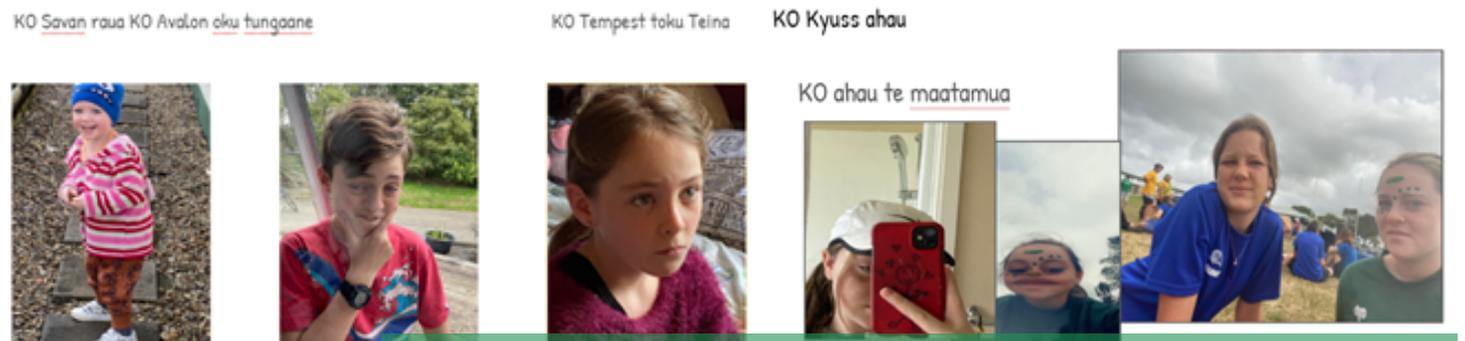
Below is some of Janu Winkelaar's Pepeha (Year 9)



Below is some of Keziah Clark Cooper's Pepeha (Year 9)



Below is some of Kyuss McDowall's Powerpoint about her whaanau (Year 9)



TE PUUTAIAO

Kei te Taiwhanga Puutaiao a 9R - 9R in the Science Lab!



Maa te tio maroke e whakarahi ake i te poihaui.
Using dry ice to enlarge balloons.



Kei te whakamaatau i ngaa tuumomo matuu.
Testing substances.

MANAAKI MARAE

Ko te roopu tuatahi o Manaaki Marae e whakarite ana i te Haangi. The first Manaaki Marae group preparing the Haangi.



RERENGA KUPU - PHRASES

Kei konei tātou katoa?	Are we all here?
Kia tīmata tātou	Let's start/proceed!
Tukuna mai te tono hui	Send me the meeting invite
Whakakā i tō ataata	Turn on your video
Whakaweto i tō ataata	Turn off your video
Whakapiki i te tangi	Turn up the volume
Whakaheke i te tangi	Turn down the volume
Kua raru taku hononga	My connection is bad/poor
Kua ngū tō reo	You're on mute
Whakaatuhia mai tō mata	Share your screen



Kia ora!	Hi / hello / thank you
Tēna koe	Hello (to one person)
Mōrena	Good morning
Ngā mihi o te ahiahi	Good afternoon
Pō mārīe	Good evening

DON'T LET LOCKDOWN STOP YOU!

Start Building Your New Home NOW!!



Give us a call and let's start your journey today!



Amanda McIntyre
021 0825 0097



Pauline Seaman
021 644 769



SHOWHOME - 1 Winstone House Road, Paerata Rise, Auckland
OPEN Mon-Fri 10am-4pm, Sat-Sun 11am-4pm or by appointment

Calendar

Maaramataka

for Term 4 2021

MON	TUE	WED	THU	FRI	SAT	SUN
18 OCT Term 4 starts	19 PTA Meeting	20 Levels Assembly Mock Exams	21 Mock Exams	22 In Zone Enrolment Applications Due Mock Exams	23	24
25 Labour Day (Public Holiday)	26 BOT Meeting	27 Entrance Testing (for 2022 students from non-contributing schools + Pokeno School) School Assembly	28	29 Out of Zone Enrolment Applications Due	30	31
1 NOV	2	3 Extended Whaanau Sports Awards	4 Year 8 Vaccinations	5 Out of Zone Ballot	6	7
8	9	10 Whare Assembly Senior Prizegiving	11 Year 13 Breakfast	12	13	14
15 Manaaki Marae Tooth Group Dental	16 Manaaki Marae PTA Meeting Tooth Group Dental	17 Levels Assembly Tooth Group Dental	18 Year 12 Rock Climbing Graduation Dinner Tooth Group Dental	19 Year 12 Rock Climbing Tooth Group Dental	20	21
22 NZQA Exams	23 Year 9 Camp BOT Meeting NZQA Exams	24 Year 9 Camp School Assembly NZQA Exams	25 Teachers Only Day NZQA Exams	26 NZQA Exams	27	28
29 Year 8 Camp NZQA Exams	30 Year 8 Camp NZQA Exams	1 DEC School Assembly Year 10 Camp Year 8 Camp NZQA Exams	2 Year 10 Camp NZQA Exams	3 Year 10 Camp NZQA Exams	4	5
6 NZQA Exams	7 PTA Meeting NZQA Exams	8 School Assembly NZQA Exams	9 NZQA Exams	10 Junior College Prizegiving Middle College Prizegiving NZQA Exams	11 Term 4 ends (to be determined depending on COVID-19 Alert Levels)	12
13 NZQA Exams	14 BOT Meeting NZQA Exams					

2022 Dates:

- Office Opens - Monday 24 January
- Monday 31 January - Auckland Anniversary (Public Holiday)
- Term 1 Starts/Course Confirmation - Tuesday 1 February
- New Students Day - Wednesday 2 February
- Whole School Starts - Thursday 3 February
- Monday 7 February - Waitangi Day (Public Holiday)